

CACFP WEEKLY MENU		CENTER: WENZLER LEARNING CENTER			DATE: May 6-10				
MEAL	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	Monday 5/6	Tuesday 5/7	Wednesday 5/8	Thursday 5/9	Friday 5/10
Breakfast	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit/Vegetable	1/4 cup	1/2 cup	1/2 cup	Applesauce	Bananas	Pears	Pineapples	Peaches
	Grains/Meat Alternates	1/2oz eq	1/2 oz eq	1 oz eq	Cheerios	WW Waffles	Cheerios	Bagels	Toast
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Alternates	1 oz	1 1/2 oz	2 oz	BBQ Chicken	Cheese Quesadillas	Chicken Strips	Cheeseburgers	Cheese Pizza
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Tater Tots	Corn	Green Beans	French Fries	Carrots
	Fruit	1/8 cup	1/4 cup	1/4 cup	Bananas	Pears	Strawberries	Peaches	Mixed Fruit
	Grain	1/2 oz eq	1/2 oz eq	1 oz eq	WG Bun	WG Tortilla	WG Bread	WG Bun	WG Bread
Snack**	Meat/Alternates	1/2 oz	1/2 oz	1 oz		Peanut Butter		Cheese	Pudding
	Vegetable	1/2 cup	1/2 cup	3/4 cup					
	Fruit	1/2 cup	1/2 cup	3/4 cup	Juice	Apples	Clementines		
	Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Pretzels		Graham Crackers	Crackers	Animal Crackers

Meat and meat alternates may be used to substitute the entire grains component a maximum of 3x per week

** Select 2 of the 5 components for snack