

CACFP WEEKLY MENU		CENTER: WENZLER LEARNING CENTER				DATE: April 29- May 3			
MEAL	COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	Monday 4/29	Tuesday 4/30	Wednesday 5/1	Thursday 5/2	Friday 5/3
Breakfast	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Fruit/Vegetable	1/4 cup	1/2 cup	1/2 cup	Mandarin Oranges	Applesauce	Bananas	Pears	Oranges
	Grains/Meat Alternates	1/2oz eq	1/2 oz eq	1 oz eq	Cheerios	WW Waffles	Cheerios	Bagels	Oatmeal
Lunch	Milk	1/2 cup	3/4 cup	1 cup	Milk	Milk	Milk	Milk	Milk
	Meat/Alternates	1 oz	1 1/2 oz	2 oz	Mac N Cheese Meat Balls	Beef Tacos	Sausage	Cheesy Beef Casserole	Cheese Pizza
	Vegetable	1/8 cup	1/4 cup	1/2 cup	Broccoli	Corn	Tater Tots	Green Beans	Broccoli
	Fruit	1/8 cup	1/4 cup	1/4 cup	Mixed Fruit	Applesauce	Pears	Pineapples	Peaches
	Grain	1/2 oz eq	1/2 oz eq	1 oz eq	WG Bread	WG Tortilla	WG French Toast Sticks	WG Bread	WG Crust
Snack**	Meat/Alternates	1/2 oz	1/2 oz	1 oz		Peanut Butter		Cheese	Pudding
	Vegetable	1/2 cup	1/2 cup	3/4 cup	Fresh Carrots				
	Fruit	1/2 cup	1/2 cup	3/4 cup		Apples	Juice		
	Grain	1/2 oz eq	1/2 oz eq	1 oz eq	Pretzels		Graham Crackers	Crackers	Animal Crackers

Meat and meat alternates may be used to substitute the entire grains component a maximum of 3x per week

** Select 2 of the 5 compnents for snack